



AGASTACHE RUGOSA

Fam. Lamiaceae

DESCRIPTION

Aromatic and ornamental plant, easy to grow, appreciated for its rusticity, abundant summer flowering and its beneficial properties.

SEEDS

Small, dark and mostly oblong.

LEAVES

Ovate-lanceolate leaves with pointed apex and slightly jagged margins. They have a thick, wrinkled face, covered with thin green down. The leaves are aromatic and edible and, when rubbed between the fingers, they give off a pleasant aroma of anise or mint.

HABITAT

The Korean mint, also called "wrinkled giant hyssop", is a perennial herbaceous plant of Asian origin.

DISTRIBUTION

Ornamental species widespread in Italy, both in large parks and small gardens.

FLOWERS

Small, smooth and fragrant flowers, with shades ranging from white to pink, from orange to red and from blue to violet. Pollination is entomophilic and occurs mainly by bees. It blooms from May until September.

ROOTS

Rhizomatous and deep roots; they can also extend on the surface.

STEM

Erect dark-green stems, about 60 cm to 100 cm tall, semi-woody at the base, herbaceous and branched at the top, covered with rich foliage.

INTERESTING FACTS

All parts of the plant are edible. The leaves of the wrinkled giant hyssop can be used for salads and in the preparation of thirst-quenching drinks, herbal teas and infusions.

