



VERONICASTRUM VIRGINICUM

Fam. Plantaginaceae

DESCRIPTION

Very showy and elegant erect perennial herbaceous plant, with a candlestick-like appearance, it normally grows from 90 to 180 cm tall.

HABITAT

Native to the eastern United States and southeastern Canada.

DISTRIBUTION

In Europe, it is cultivated as an ornamental plant and is especially appreciated during its flowering season, from late summer to early autumn.

FLOWERS

The white inflorescences (similar to those of the speedwell) are erect with thin and pointed racemes about 23 cm long, which give the cluster of flowers a candlestick-like appearance. It blooms from July to September.

LEAVES

Lanceolate leaves with serrated margins, arranged in whorls of 3-7 units around the stem.

SEEDS

Small round seeds contained in brown pods. baccelli marroni.

STEM

Glabrous and generally unbranched stem.

INTERESTING FACTS

This plant was once commonly used for medicinal purposes by North American natives and is sometimes used in modern herbal medicine, mainly for its beneficial effects on the liver and bile production.

ROOTS

Rhizomatous roots.

